EASYJET FEARLESS FLYER COURSE RETURNS FOR 2024

News / Airlines

easyJet is bringing its Fearless Flyer course back for winter 2024, to help nervous flyers take control and overcome their fears. With courses starting from 27th January and taking place in Manchester, London Luton, Bristol, Belfast and London Gatwick, customers have a choice of five airports across the UK to book their experience flight. Since 2012 nearly 12,000 phobics have taken to the skies after successfully completing the Fearless Flyer course, with the programme achieving over 95% success rate and in March 2023, easyJet celebrated its 150th course milestone. Fearless Flyer continues to be one of the best-priced aerophobia courses in the UK, starting at just £89 per person and the winter 2024 schedule provides options across the UK from the end of January until beginning of March.

easyJet's Fearless Flyer course is divided into three main parts:

- **A virtual ground course**, where top phobia expert Lawrence Leyton and a senior easyJet captain will explain the unfamiliar sounds and sensations customers feel onboard an aircraft and teach them a unique set of mind techniques to manage their nerves. This session lasts approximately two and a half hours.

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- **A pre-flight one-hour ‘Meet the Team’ online Zoom session**, where participants will be walked through the airport experience and what to expect. There will also be a participant Q&A session where phobia expert Lawrence Leyton and an easyJet pilot will answer any last-minute questions.
- **And lastly, a special one-hour experience flight** from the course airport, where customers put their new skills to the test whilst listening to a live commentary of the flight from the Fearless Flyer team.

In addition to the standard course, a VIP course is also on offer at London Gatwick on 2nd March which features extra exclusive benefits including a dedicated Captain who will guide you through the experience flight day, a pre-flight private video call with a pilot and the Fearless Flyer team, VIP check-in process, security and boarding for the experience flight, guaranteed upfront seats, and lifetime access to additional course materials. A limited number of spaces on the courses are now available at fearlessflyer.easyjet.com

Captain Chris Foster, Fearless Flyer Lead Pilot at easyJet, said: “We’re delighted to be relaunching our renowned Fearless Flyer course for 2024 with winter courses now available to book across the UK. The course is suitable for anyone who is a nervous flyer, whether they experience slight anxiety or whether they have never flown before and with a success rate of more than 95%, we would encourage anyone wishing to overcome their fear to take part.”

Mark Wein, easyJet’s Fearless Flyer Course Director, commented: “Around one in six people have a fear of flying, stopping many from travelling abroad on holiday, visiting friends and family or even flying for work, so why wait to join so many who have already overcome their fears through our renowned Fearless Flyer course? We’re excited to help many more people get flying fearlessly on our courses over the coming months – the results are truly life-changing.”

Ruth Shortt, who took the course in Belfast in 2023, said: “Before taking the Fearless Flyer course. I hadn’t been on a plane in 11 years. I tried hypnotherapy, Cognitive Behaviour Therapy and medication. None of these worked. The Fearless Flyer course was both amazing and life changing. Thank you so much to all the Fearless Flyer team. You are truly wonderful people and I will be forever grateful to you all. I would highly recommend the Fearless Flyer course to anyone battling with a fear of flying. It really works!”

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